



UNIVERSITY OF WESTERN MACEDONIA
SCHOOL OF FINE ARTS

Department of Fine and Applied Arts



International Walking Encounters/Conference
Sunday July 4th to Sunday July 11th 2021, Prespa, Greece

Walking as a Question
INFORMATION/CONSENT RELEASE

A. GENERAL GUIDELINES/ INFORMATION

The area of Prespes is located at an altitude of 850m and as a result the climate is rather cool during the summer months. Therefore, the temperature at night could reach 10°Celsius/ 50° Fahrenheit or less. Daytime temperatures can reach 30°Celsius/ 86° Fahrenheit. The weather is rather unstable and there is a possibility of rain (this is consistent with Greece). There is only one ATM in the area (Lemos) so you will need to have some cash with you. Most businesses in the area have a POS cardlink service, allowing you to make payments using your credit card. There is a **Health Center with (23850 46284 (in Lefkonas village))** and one pharmacy in the area, in the village of Lefonkas.

B. MAIN POINTS

1. Prespes is a national park and therefore the wildlife and natural environment should be respected. It is home to many important species of plants and animals including large mammals such as bears, boars, and wolves. You should always through litter in the bins and of course lighting a fire is strictly forbidden. Spending the night in the forest is also forbidden.
2. For safety reasons, you should not roam alone in the forest or anywhere else, and you should always inform the organizers regarding your whereabouts. In the case that you do not inform the organizers, you are solely responsible for your own safety.
3. The Prespes area is a national border area and you should not cross the borderline.
4. The communication network does not cover the whole area. There are spots without any cell phone coverage. In addition, in some areas your phone may switch to the cell phone network of a neighboring country (Albania or North Macedonia, depending on your location) resulting in huge costs (roaming charges) as they are countries outside the European Network. You must be careful to always choose to be connected with the Greek cell phone companies.

C. NECESSARY EQUIPMENT

You should always carry the necessary equipment for a safe and pleasant hike. The organizers bear no responsibility for equipment or food supply. The following are necessary:

Small backpack

Waterproofcover-all

Water flask

Hat

Brightly - coloured clothes (trousers, long sleeved shirts, 4 pairs of socks)

Sweater and warm jacket

Torch (flashlight)

Swimsuit (if you intend to swim in the lake)

Sunscreen lotion

Mosquito repellent

Trekking boots

Tent (if you are going to stay at the courtyard at the Artistic Station)

Sleeping bag (if you are going to stay at the Artistic Station)

Slippers or flip-flops (if you are going to stay at the Artistic Station)

We welcome you to enjoy your stay in this land on the northern border of Greece and your participation in the world conference. Stay safe by following the government measures outlined in the safe plan paper for covid-19

- THE PHONE NUMBERS IN CASE OF EMERGENCY ARE:

Yannis Ziogas6945914335

Vicky Vasileiou.....6937729715

International Emergency Phone.....112

Police Phone.....100

Health Center.....23850 46284 (in Lefkonas village)

Pharmacy.....23850 45988 (in Lefkonas village)

Taxi (Florina).....6933360575 (Yannis Nastos)